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Life's Amazing Secrets: How to Find Balance and Purpose in Your Life - Kindle edition by Das, Gaur Gopal. Download it once and read it on your Kindle device, PC, phones or tablets. Use features like bookmarks, note taking and highlighting while reading *Life's Amazing Secrets: How to*

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Summary While navigating their way through Mumbai's horrendous traffic, Gaur Gopal Das and his wealthy young friend Harry get talking, delving into concepts ranging from the human condition to finding one's purpose in life and the key to lasting happiness. Whether you are looking at strengthening your relationships, discovering your true potential, understanding how to...

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Life. Gaur Gopal Das. This book is for all those who've loved The Monk Who Sold his Ferrari. Stop going through life, Start growing through life! While navigating their way through horrendous traffic, Gaur Gopal Das and his wealthy young friend Harry get talking, delving into concepts ranging from the human condition to finding one's purpose in life and the key to lasting happiness.

Life's Amazing Secrets: How to Find balance and Purpose in

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Life's amazing secrets is not only a book but a kind of life experience which everyone must experience at least once in their lives. If one can relate his/her personal life with these secrets of the book then for sure the life of that individual will

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be uplifted for many positive changes.

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By: Gaur Gopal Das. Packed full of practical wisdom, Life's Amazing Secrets (2018) begins with a clarifying premise: to experience happiness and balance, we must maintain a spiritual practice, as well as pay attention to our personal lives, our relationships, our work and our social contributions. How to do that is what these blinks are all about. Who is this summary for?

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Balance and Purpose in Your Life. 1 likes. Like “A gentle answer turns away wrath, but a harsh word stirs up anger.” ? Gaur Gopal Das, Life's Amazing Secrets: How to Find Balance and Purpose in Your Life.

Life's Amazing Secrets Quotes by Gaur Gopal Das

Das is one of the most popular and sought-after monks and life coaches in the world, having shared his wisdom with millions. His debut book, Life's Amazing Secrets, distils his experiences and lessons about life into a light-hearted, thought-provoking book that will help you align yourself with the life you want to live.

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Life's Amazing Secrets: How to Find Balance and Purpose in Your Life is an engaging philosophical book that deals with deep and meaningful conversations on life between Gaur Gopal Das himself and his wealthy friend Harry. The conversation ranges from human conditions to finding one's purpose in life.

Life's Amazing Secrets: Buy Life's Amazing Secrets by Das ...
October 21, 2018. Book Title: Life's Amazing Secrets: How to Find Balance and Purpose in Your Life. Author: Gaur Gopal Das. Format/Print Length/Language: Paperback/256 pages/English. Publisher: Penguin (8 October 2018) You might like: Book Review: Phases of Moon by Neha Jindal.

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Book Review: Life's Amazing Secrets by Gaur Gopal Das

Keith Kelly sets out nine amazing happiness secrets he has discovered on life's journey. This book is an inspiring read that is guaranteed to encourage you. It moves from tragedy to triumph, from the negative to the positive, from depression and discouragement to discovery and delight.

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About the author Packed full of practical wisdom, *Life's Amazing Secrets* (2018) begins with a clarifying premise: to experience happiness and balance, we must maintain a spiritual practice, as well as pay attention to our personal lives, our relationships, our work and our social contributions. How to do that is what these blinks are all about.

Life's Amazing Secrets by Gaur Gopal Das

Life's Amazing Secrets While navigating their way through Mumbai's horrendous traffic, Gaur Gopal Das and his wealthy young friend Harry get talking, delving into concepts ranging from the human condition to finding one's purpose in life and the key to lasting happiness.

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Life's Amazing Secrets - Book | Gaur Gopal Das

Life's Amazing Secrets : How to Find Balance and Purpose in Your Life. 4.29 (3,494 ratings by Goodreads) Paperback. English. By (author) Gaur Gopal Das. Share. Crawling through the ruthless Mumbai traffic for hours on end, Gaur Gopal Das strikes up a conversation with his friend and young millionaire, Harry.

Life's Amazing Secrets : Gaur Gopal Das : 9780143442295

His debut, Life's Amazing Secrets, distills his experiences and lessons about life into a light-hearted, thought-provoking audiobook that will help you align yourself with the life you want to live. ©2018 Gaur Gopal Das (P)2019 Random House Audio. More from the same. Narrator.

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Stop going through life, Start growing through life! While navigating their way through Mumbai's horrendous traffic, Gaur Gopal Das and his wealthy young friend Harry get talking, delving into concepts ranging from the human condition to finding one's purpose in life and the key to lasting happiness. Whether you are looking at strengthening your relationships, discovering your true potential, understanding how to do well at work or even how you can give back to the

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Life, Gaur Gopal Das takes us on an unforgettable journey with his precious insights on these areas of life. Das is one of the most popular and sought-after monks and life coaches in the world, having shared his wisdom with millions. His debut book, *Life's Amazing Secrets*, distils his experiences and lessons about life into a light-hearted, thought-provoking book that will help you align yourself with the life you want to live.

A story of how money corrupts the way people look at one another and how it can almost tear a family apart Vinuta

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lives
marries Girish, a bank clerk, and starts living with his family in Bangalore. She adjusts to her new family well, looking after her husband, father-in-law and mother-in-law Gouramma, not taking to heart her mother-in-law's constant picking. But when Girish's elder brother Chandru, who is in the US, decides to get married, Vinuta has to listen to the constant comparisons made between her and Chandru's wife, the 'Dollar Bahu', whose husband earns the valuable dollars that has brought the family its recent affluence. Vinuta slowly loses her peace of mind and health. Then Gouramma decides to visit her US-based son and daughter-in-law. Once there, she sees how liberating life can be, away from the strict norms that govern Indian middle-class life. But she also begins to understand that mere dollars cannot buy the love and respect that she

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Life as her due back in India. Does Gouramma forge a new relationship with Vinuta and can Vinuta forgive and forget the past?

Take the wheel of your life with monastic wisdom teachings from a surprisingly modern source. “There is a traffic jam within our minds. That traffic jam is stopping each one of us from reaching our true potential. Imagine if we knew how to clear this disruption. No fumes of insecurity causing us to cough, no one honking at us, distracting us from what’s important, and plenty of fuel to sustain us so that we can live a life worth living.” —Gaur Gopal Das What can a member of a Mumbai ashram offer the modern world? As it turns out, quite a bit. In *The Way of the Monk*, Gaur Gopal Das reveals that

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Life contemporary monastic life is far from our dour, isolated conception of it—and still has keen insights to share. Das presents a guide to navigating some of life's most fundamental questions. How can we achieve peace when the world is so full of noise and conflict? How do we learn to let go of attachment when consumer culture constantly tells us that we are unfulfilled? How can we embody love when our interactions with others are so fraught with old wounds and misunderstanding? Das writes from the perspective of a trusted friend, weaving tales he's encountered over the years into a single, overarching teaching story. Here, you will learn: Why the keys to life's central challenges have been known for thousands of years The four "wheels" of behavior that support health, balance, and satisfaction How to stop and

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Life appreciate life's most beautiful aspects The value of surrendering to the form of the moment The many ways of honoring and connecting with the divine Why service and selflessness are at the heart of a fulfilled life The Way of the Monk is a both an ideal starting point and guide to the spiritual path, teaching fundamental skills of mindfulness, self-inquiry, positive communication, and more.

The Secret of Life reveals the lens through which all decisions can be made for the fullest life expression and experience! By combining ancient wisdom with modern science, we now can design a life which supports our design, our energy, our health and our life experience! Learn how to put on your "Secret Formula Glasses" to see the world in a whole new

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Life** and receive all the benefits that come with it! A life free of disease, full of energy and bursting with vibrance!

Practical advice on how to thrive in the second half of your life, based on scientific studies. The sixth book in the bestselling 100 Simple Secrets series. What do people who relish the second half of their lives do differently than those who dread getting older? Sociologists, therapists and psychiatrists have spent entire careers investigating the ins and outs of successful aging, yet their findings are inaccessible to ordinary people, hidden in obscure journals to be shared with other experts. Now the international bestselling author of The 100 Simple Secrets series has collected the most current and significant data from more than

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With a thousand of the best scientific studies on the second half of life. These findings have been boiled down to one hundred essential ways to find and maintain joy, health, and satisfaction every day of your life. Each one is accompanied by a true story showing the results in action. The Baby Boomers are hitting retirement age. This upbeat, light approach will appeal to the enormous market of citizens grappling with the effects of becoming 'senior', looking to discover the positive benefits of aging beyond discount tickets at the movie theatre. Books about aging well continue to sell year in and year out. The Simple Secrets approach will stand out among the heavier self-help/psychology titles and will without a doubt become an affordable impulse and gifty mainstay in this category. A good inexpensive gift for parents

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Provides stories, memories, verses, and tips for living with God and finding happiness in everyday life.

The Alpha Book will explain the traits of an alpha, including charisma, the process of making strong and rightful decisions, how to best communicate with others at multiple levels, and how to turn your daily actions into fruitful prospects. Each of these traits is going to be explained in separate chapters, followed by examples of how to develop them in a creative way and apply them in your day-to-day activities.

Bestselling Author Shows How to Prepare for Life's 10

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Inevitable Challenges Certain kinds of things just happen--and they happen to everyone. The big question, then, is: How do we handle these inevitable challenges of life in a way that pleases God and demonstrates his character and ways in this world? Respected pastor and bestselling author Peter Lord helps readers identify ten situations everyone will face--related to choices, relationships, work, authorities, conflict, money, pressures from within, pressures from without, sorrow, and death--and discover practical ways to prepare for them. He also shows how readers can protect their loved ones from life's storms and make life-giving choices in every situation.

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